

JULY
2023

United in Faith News

Why are we
Here?
We are to be
**God's
hands,
feet and
voice
in the
world.**



July

From the desk of . . .

Pastor Jeanine



Evangelical Lutheran
Church in America

Currency of Relationship

How do relationships flow into and through United in Faith? How does God's love fill us up and how do we fill others up in this place?

Jesus commanded us to "love one another as I have loved you...You are my friends if you do what I commanded you." Jesus called his disciples "friends." As a teacher of chaplains, I often instructed my overwhelmed students to go and make a friend.

United in Faith is focusing on the relationships that sustain us and co-create us. On July 30th after worship, we will gather to consider who are our friends and how do we know them? We will also consider who thinks of us as friends and how do they know us?

We will walk through our neighborhood and see who our neighbors are. We will imagine them as our friends and invite our neighbors to a party. We will set the table and invite them to share a meal, a glass of happiness and get to know each other.

We will set out to do as Jesus commanded us, one person at a time. After all, making a friend doesn't have to be hard. Please join us!

Pastor Jeanine



At
United in Faith,
The Guiding
Principles are:

+

Jesus is
Lord and
Savior

+

Reflect
God's **Love**

+

Pray and
listen for God's
guidance

+

Continue to
strengthen
faith

+

Include **All**
in God's
work

+

Meet people
**where they
are**

MENTAL HEALTH FIRST AID

What is Mental Health First Aid?

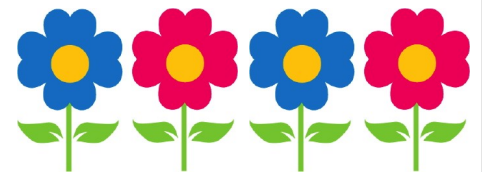
Mental Health First Aid is a course that teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. The training gives you the skills you need to reach out and provide initial help and support to someone who may be developing a mental health or substance experiencing a crisis.

Mental Health First Aiders are...

Teachers, first responders and veterans. They're neighbors, parents and friends. They're people in recovery, and those supporting a loved one. They're First Ladies and Mayors. Mental Health First Aiders are anyone who wants to make their community healthier, happier and safer for all.

**Would you like to explore being a Mental Health First Aider?
Please join a small group of United in Faith members who to take this
course and help us care for each other and our neighbors.
Speak to Pastor Jeanie or Denise Boyer, or call the church office for
more information.**

MONDAY LADIES DISCUSSION GROUP



A Ladies' Discussion Group started at UIF June 7, 2021.

We are a group of ladies who started at Mather's More Than a Café, weekly discussing different topics suggested by the participants. Some of the topics we discuss would be: where would you like to go? how are you keeping your brain active? In this group we don't discuss religion or politics and we are not a gossip group.

When the pandemic came, Mather's closed for good leaving our group in limbo. We have now restarted at UIF. We meet the first three Mondays of the month from 1-3 PM. We welcome any females 60 and over to join us. UIF Covid-19 protocols apply.

For more information contact Dian Hoyem, 773-685-0549, handdhoyem@sbcglobal.net, or just show up. We'd love to have you.

FROM THE JUSTICE COMMITTEE

Is it true? Genuine? Correct? How do we know? What should we look for?

My dad used to say - believe nothing of what you hear and only half of what you see. Perhaps you remember the commercial - Is it live or is it Memorex? Today we deal with disinformation (false information to influence or obscure the truth) enabled by technology which allows its creation on a large scale by anyone. Why is certain information being pushed to us, where does it come from and how do we know what to look for to determine if it is true? The Chicago Public Library has short courses on The Basics of Disinformation and Disinformation on Social Media (see chipublib.digitallearn.org) to increase our awareness. It also published a discussion guide (pick up at your local library) with these topics on the basics of disinformation.

Information Overload: Anyone can create information and remain anonymous. Who or what (Bot?) is providing your information?

Identifying Disinformation designed to trick people: Is it untrue, too good to be true or just plain weird?

Types of Disinformation: Attention getting stories, misleading stories, propaganda to promote or discredit, conspiracy theories of secret plots to cover up truth, humor which mimics truth such as news but is made for entertaining, opinions and false promises.

How Disinformation is Created: Technology allows the creation and manipulation of photos and audio (deepfake) to misrepresent doing or saying something not actually done or said and social media distributes it widely.

Paying with your Data: Time on social media provides advertisers information on your likes, shares and other behavior so you can be microtargeted for product advertisements. Also can be used for political messages. Customize your social media with privacy settings.

Too Much Personalization: Social media platforms use algorithms to sort out and display posts that interest you because of similar and reinforcing beliefs.

Filter Bubbles and Biases: Filter bubbles expose you only to opinions and information that conforms to your beliefs. Biases make social media users vulnerable to disinformation because disinformation is crafted to exploit these biases. Do you share your biases with the information you share?

Perhaps today my dad would add - believe nothing on social media until you check out who/what sent it and why.

MEET THE MUSICIAN...

Richard Trost has played and sang for United in Faith's praise band for over 15 years. His service and dedication to UIF's music ministry have been a true blessing both to him and those who have served and participated in worship at United In Faith over the years. Outside of church, Richard is a seasoned piano instructor, accompanist and collaborative pianist and his array of experience and expertise have been widely utilized throughout his musical career. Richard has accompanied choirs, student and faculty recitals, musical theater productions, master classes, solo and ensemble groups, cabaret performances, vocal competitions, video pre-screens for colleges, theater camps and conservatories, auditions, fundraisers, weddings and other special events. Richard lets his musical gifts shine wherever he goes, with the ultimate hope to bring others closer to God through his music.



JOIN US ON Sunday AT 9 AM Forum

Our book club read Ibram X. Kendi's **HOW TO BE AN ANTIRACIST** in June. We recognized that there is always more work to do as individuals and as a congregation. Awareness, reflection and action are the means to do more.



Please join us at 9:00 am before worship for reflective conversations about how we can become more active antiracist people and a more active **anitracist** Congregation. Every week we will be prompted to consider how to bring about positive change in ourselves and our community.



We will share coffee and coffee cake and provoking conversation.

JOIN US!!

MEET THE MUSICIAN, part 2....

"Ok..I'll go second!"

Lois Cornils is the middle child in a family with three children who all became professional musicians. Neither of Lois' parents were musicians but wanted their children to play the piano well enough to play hymns. After many lessons, managing a practice schedule each day for three children, and lots of long recitals...mission accomplished! While both of Lois' siblings continued to make music their full-time profession, Lois did a mid-career shift and attended law school in Boston. Lois moved back to the Chicago area with her husband, Lou, when he attended the Chicago School of Violin Making. Lois and Lou are now both happily retired from their day jobs!



I lost Lois' picture.
I'm sorry Lois...

 Jeanne

NEW LIFE FOR OLD BAGS (NLOB)

THERE WILL BE NO NEW LIFE FOR OLD BAGS IN JULY.

Please join us for our regularly scheduled, in person, monthly NLOB Work Day Saturday, August 5 from 10:00am to 12:00pm at United in Faith Lutheran Church located at [6525 W. Irving Park Road](#) in Chicago. Parking is available in the lot behind the church building. Please feel free to bring a snack to share.

Please note, we CANNOT accept straight plastic bag donations as we do not have the capacity to store them.

REMAINING NLOB WORK DAYS IN 2023 1st Saturday of the month from 10am to 12pm

- Saturday, August 5, 2023
- Saturday, October 7, 2023
- Saturday, November 4, 2023
- Saturday, December 2, 2023



YOUR HELP IS NEEDED!!

On multiple occasions there has been a variety of items/bags dropped off in the church office and while that is fine, we need you to *please include a note on the things you leave* so that we can direct your generous gifts to the appropriate person/s.



However, if you have food items for St. Cyprian's, please drop them off at St. Cyprian's on Monday or Thursday from 9:00 until 11:00 am or place them on a table in the fellowship hall.

PLEASE DO NOT LEAVE ITEMS OUTSIDE ESPECIALLY FOOD ITEMS. THANK YOU.

Your help is so very much appreciated!



VOLUNTEERS ARE ALWAYS NEEDED...

Volunteers are always needed for coffee hour and to serve during our 10:00 am Sunday services.

Please look for the sign-up sheets in the fellowship hall and sign up to be an assisting minister, communion assistant, acolyte or for coffee hour.

Your help is very much appreciated! Thank you 



July 1

July 8

July 9

July 12

July 16

July 19

July 29

July 30

Scott Schultz

Gayle Guzik

Adrienne Childress

Conrad Quillin

Dennis Vogel

Colleen Haas

Carolyn Doughty

Dawn Kuswik



July 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 9:00am Coffee Hour 10:00am Worship in person and livestreamed	26 9:00am Food Pantry	27 10:00am Golden Rebels Bingo	28	29 9:00am Food Pantry 10:00am Golden Rebels Bingo	30 6:30pm AA	1 9:30am Al-Anon 4:00pm Survivors of Incest
2 9:00am Coffee Hour 10:00am Worship in person and livestreamed	3 9:00am Food Pantry	4	5	6 9:00am Food Pantry 10:00am Golden Rebels Bingo	7 6:30pm AA	8 9:30am Al-Anon 4:00pm Survivors of Incest
9 9:00am Coffee Hour 10:00am Worship in person and livestreamed	10 9:00am Food Pantry 1:00pm Ladies Discussion Group	11 10:00am Golden Rebels Bingo 7:00pm Church Council Meeting	12 7:00 pm Worship Planning Meeting	13 9:00am Food Pantry 10:00am Golden Rebels Bingo 10:00 am Justice Team Meeting	14 6:30pm AA	15 9:30am Al-Anon 9:30 am Transition Team Meeting 4:00pm Survivors of Incest
16 9:00am Coffee Hour 10:00am Worship in person and livestreamed	17 9:00am Food Pantry 1:00pm Ladies Discussion Group	18 10:00am Golden Rebels Bingo	19	20 9:00am Food Pantry 10:00am Golden Rebels Bingo	21 6:30pm AA	22 9:30am Al-Anon 4:00pm Survivors of Incest
23 9:00am Coffee Hour 10:00am Worship in person and livestreamed	24 9:00am Food Pantry	25 10:00am Golden Rebels Bingo	26	27 9:00am Food Pantry 10:00am Golden Rebels Bingo	28 6:30pm AA	29 9:30am Al-Anon 4:00pm Survivors of Incest
30 9:00am Coffee Hour 10:00am Worship in person and livestreamed Transition Team Event, potluck, discussion immediately after worship	31 9:00am Food Pantry 1:00pm Ladies Discussion Group	1 10:00am Golden Rebels Bingo	2	3 9:00am Food Pantry 10:00am Golden Rebels Bingo	4 6:30pm AA	5 9:30am Al-Anon 10:00am NLOB Regular Work Day 4:00pm Survivors of Incest

JULY WORSHIP



Continue to check the website at www.unitedinfaith.org for updates

<i>JULY 2</i> Pent 5	<i>9:00 AM Coffee Hour</i> <i>10:00 AM In Person Worship and livestreamed</i>
<i>JULY 9</i> Pent 6	<i>9:00 AM Coffee Hour</i> <i>10:00 AM In Person Worship and livestreamed</i>
<i>JULY 16</i> Pent 7	<i>9:00 AM Coffee Hour</i> <i>10:00 AM In Person Worship and livestreamed</i>
<i>JULY 23</i> Pent 8	<i>9:00 AM Coffee Hour</i> <i>10:00 AM In Person Worship and livestreamed</i>
<i>JULY 30</i> Pent 9	<i>9:00 AM Coffee Hour</i> <i>10:00 AM In Person Worship and livestreamed</i>

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Pastor

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