

In June and July, we have considered the currency of relationship. How relationship flow to connect us with each other, our neighborhood, and our ministry. In August and September, we turn to being well.

“Wellness: Being healthy physically, socially, economically, ecologically, and spiritually within a church, the neighborhood, the town/city, nation, or the earth, especially as the result of deliberate effort.

Sustainable wellness requires regenerative and recirculatory flow of material, human, financial and natural resources.”

Being healthy doesn't just happen. It requires deliberate effort. Over the next weeks we will assess our health, personally and congregation-ally, and how our health contributes to the health of our community. Such exploration stirs things up, it provides energy for others and in turn that energy flows back to invigorate us.

In August we will continue to build relationships to increase our social health. So that we can build relationships across differences without fear or defensiveness. Freeing us to live into loving our neighbor as our-selves. We will explore the economics of being healthy in this place, and how God's divine economy can more fully be claimed in our expression of God's work here.

In September, we will celebrate The Seasons of Creation in worship and step outside and into the forest preserve. As we consider the ecological health of the intersection of Irving Park Road and United in Faith, we will seek ways to actively increase our health and decrease our ecological footprint.

Throughout all these conversations and interactions we will seek God's direction for us. Listening for God's voice and the voice of our neighbors.

*Pastor Jeanine*